

UNCLEAN LIPS

The prophet YashaYahu (Isaiah) saw a vision of Yahuah sitting on a throne in the Temple, and was completely overtaken by what he saw: "And I said, 'Woe to me, for I am undone! Because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips – for my eyes have seen the Sovereign, Yahuah Tsabaoth.'" (6:5)

We must guard our lips as if they were the source of a spring, pouring-forth only clean water. Clean hands and a pure heart will produce good fruit on our lips. The Psalmist sang about the lips also: "Yahuah, set a guard for my mouth; Watch over the door of my lips." (141:3) At Mt. 12:37, Yahusha said, "For by your words you will be justified, and by your words you will be condemned."

The key to staying clean is to remain in constant contact with the Way, the Truth, and the Life, the Person guiding us - Yahusha. If we abide in His Word, we are truly His students, and we will know the Truth, and the Truth will set us free. We are sent into the world, but are not of the world. We help one another to stay clean by serving one another, not condemning one another. Yahusha can work through us to reach a lost, defiled, and unclean person - and restore them completely.

When we allow Yahusha to cleanse our hearts from the **inside**, we will be clean in our **behavior** and **speech** on the outside.

A TOXIC ENVIRONMENT

Pesticides, hormones, steroids, chlorinated water, mercury/heavy metals, fertilizers, processed and genetically modified foods, decaffeinated coffee and tea, deodorants, chemical softeners for clothes, hair spray, and so many more things in the human food chain and environment are making our bodies collect and hold concentrated levels of toxic material. Our children are born toxic, and made more toxic by ingesting air, food, and water loaded with all of the above. Then we wonder why autism, arthritis, Alzheimer's, and cancers are becoming pandemic. Have you read the side-effects for all the prescription medications lately? Add inactivity to all this, and we find obesity emerging as the greatest threat, simply because oxygen is never used enough to burn up the toxins and excrete them through our skin, urine, and bowels.

The answer is to eat clean, and exercise every day. A brisk 20-minute walk is all it takes. Using the large muscles in the legs will help the whole body find its muscular balance, and when done early in the day the metabolism is raised for the body to



burn away all the unwanted toxins more effectively. Make daily and long-term goals, and attack them with conviction. You'll be happier and healthier for having done so.

"Who does go up into the mountain of Yahuah? And who does stand in His set-apart place? He who has innocent hands and a clean heart, Who did not bring his life to nothing, And did not swear deceptively. He receives a blessing from Yahuah, And righteousness from the Alahim of his deliverance. This is the generation of those who seek Him; YaAqob, who seek Your face. Selah." Psalm 24:3-6

WE'VE BEEN TOLD WHAT TO EAT AND WHAT NOT TO EAT.



LOVE ONE ANOTHER
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FOOD FOR THOUGHT

WHAT'S FOOD & WHAT'S NOT FOOD?

"To the Torah and to the Witness! If they do not speak according to this Word, it is because they have no daybreak." YashaYahu / Isaiah 8:20 Also see Romans 6:16



Society exists in an order of **Clergy**, **Nobility**, and **Laity**. In the Middle (dark) Ages, Catholic bishops were upset by the low educational level of the parish priests, so each Cathedral (bishop's throne) set up a **Cathedral school**. At first they educated **Clergy**, but later began to accept the children of the **Nobility** to train them for high office in the Church and government. Today's seminaries have evolved from the Medieval Cathedral schools.

Jesuit "prep schools" are now world-wide. Their ideas are heard coming out of the mouths of every pastor, and they use casuistry and equivocation to explain conflicts their "laity" may see in Scripture. They are **mystagogues**, and use Replacement Theology, claiming to be "spiritual Israel", to explain why they have nothing in common with any behavior seen in Scripture. **They worship on the Day of the Sun, and eat swine; who are they obeying?**

What is given by Yahuah to be our food? Can we just eat whatever we choose, doing whatever seems right in our own eyes? There are basic principles we learn from Scripture, and they don't change because Yahuah does not alter the Words that have gone forth from His mouth. He despises now what He despised before.

When we trust what He tells us, we can be assured we are standing on a firm foundation together.

The Jesuits' teachings about food were wiped from my mind when I read the prophets' words about the FIRE which would be used to punish mankind for disobedience in the end times, on the Day of Yahuah. These prophecies describe the punishment of the rebellious, and those eating unclean animals.

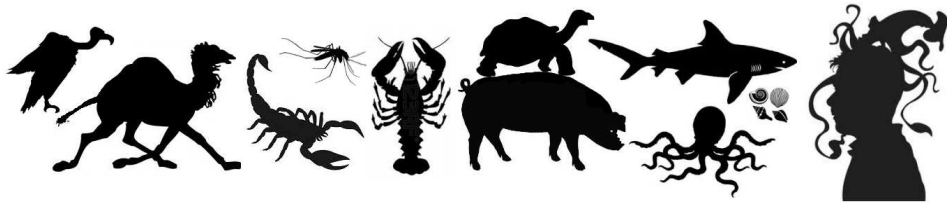
The fire is not an abstraction, it's the real thing: "But the yom of אַיָּאֵל shall come as a thief in the lailah, in which the shamayim shall pass away with a great noise, and the elements shall melt with intense heat, and the arets and the works that are in it shall be burned up. Seeing all these are to be destroyed in this way, what kind of people ought you to be in set-apart behavior and reverence, looking for and hastening the coming of the **Yom of Alahim**, through which the shamayim shall be destroyed, being set on **fire**, and the elements melt with intense heat!" 2 Pet 3:10-12 The end times are here, and Yahuah is now giving us shepherds according to His heart to correct us (Yir. 3:15).

EATING UNCLEAN GETS YOU SNATCHED

"For look, אַיָּאֵל comes with fire and with His chariots, like a whirlwind, to render His displeasure with **burning**, and His rebuke with **flames of fire**. 16For by **fire** and by His sword אַיָּאֵל shall **judge all flesh**, and the slain of אַיָּאֵל shall be many – those who set themselves apart and cleanse themselves in the gardens following after one in the midst, who eat the flesh of pigs and the abomination and the mouse, are **snatched away**, together," declares אַיָּאֵל." Isa / YashaYahu 66:15-17 Those to be **snatched away** are the disobedient who are taken out of the midst of the upright ones (the rapture).

Camels and pigs are unclean to us, because an

animal must have BOTH of these traits: chew the cud, and have a split hoof: "Their flesh you do not eat, and their carcasses you do not touch. They are **unclean** to you. 'These you do eat of all that are in the mayim: any one that has fins and scales in the mayim, in the yamim or in the rivers, that you do eat. But all that have not fins and scales in the yamim and in the rivers, all that move in the mayim or any living creature which is in the mayim, they are an **abomination** to you. They are an abomination to you – of their flesh you do not eat, and their carcasses you abominate." Lev. / Uiyiqra 11:8-11 **We don't go near them, or touch them.**



LOADED WITH TOXINS

Starfish, mollusks, oysters, shrimp, clams and all shellfish are the cleaning crew of the sea. They digest rotting material that falls to the sea floor. They ingest potent toxins, and their bodies are made of these poisonous substances. Cooking has no effect on these poisonous substances. Toxins are also in many other creatures, such as sharks, eels, sea bass, and lobsters. These eat one another, concentrating the poisons as it moves up the "food chain" of these creatures. Neurotoxins are found in all crustaceans. This is only the tip of the iceberg. Land animals that are unclean must never be ingested for the same reasons. Dogs, cats, monkeys, skunks, squirrels, rabbits, horses, and reptiles are not given to us as food. Many of these will eat poop! You shall not eat of their flesh.

Scientists are stumped as to why so many diseases are becoming epidemic in the human population. Cancer, Alzheimer's, diabetes, arthritis, Parkinson's, and a host of other maladies may be largely caused by toxins, and GMO's in the diet. As of this writing, 1 in 68 live births show signs of autism, a debilitating neuropathic condition that has no known cause, or cure. Blood and fat must not be ingested; they contain toxins. The life is in the blood, and is prohibited even if an animal is clean (see Lev. 11).

KOSHER (or KASHER)

The word KOSHER means "acceptable" or "appropriate". When someone takes note of another's behavior, we might hear the comment, "That's not kosher". It's a kind way of saying they should reconsider their plan, and modify it so it will not be offensive to anyone, or do harm. Kosher food is "approved" by the Word of Yahuah, which is the meaning behind this text: 1Ti 4:4 Because every creature of Alahim is good, and none is to be rejected if it is received with thanksgiving, for it is **set-apart by the Word** of Alahim and prayer." 1Tim 4:4,5 You should read the entire context around this. Being "set-apart by the Word" means the animal is declared to be acceptable as FOOD by the Word of

Yahuah. That which is not declared to be FOOD is not kosher, and forbidden by the same Word of Yahuah.

MARK 7:19 - NIV

(In saying this, Jesus *declared all foods clean.*)

This is a monk's marginal note that came into the text later. If something is declared to be food by the Word of Yahuah, then it is food. If it is not food, then we can deduce we are not to eat it as food.

The NIV footnotes state that Mark wrote the sentence above, and then it directs the reader to Acts 10:9-16. Let's see what it really teaches us now:

THREE SHEETS - ACTS 10 & 11

The **three sheets** Kefa saw in a vision contained reptiles and other unapproved animals. Kefa wondered what the vision represented, and **3 gentile men** were just arriving at the gate asking to speak with him. Reading Acts 11, Kefa explains how he correlated the **3 sheets** with the **3 men**, and that Yahuah had allowed **gentiles** (formerly regarded as unclean) **repentance to life**.

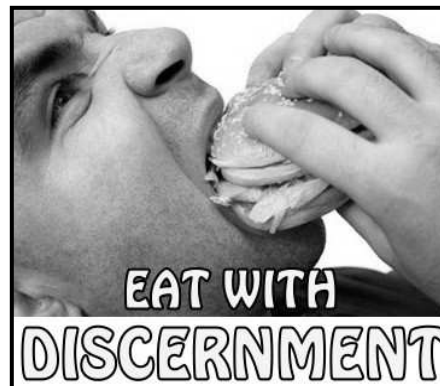
The darna (toxic teachings) can poison the wheat and cause a kind of "drunkenness", so we need to be vigilant. How do we cleanse our path?

Psa 119:9-11: "How would a young man cleanse his path, to guard it according to Your Word? I have sought You with all my heart; Let me not stray from Your commands! I have treasured up Your word in my heart, That I might not sin against You." That's having an "eye of Light".

A MISTAKEN CONTRADICTION

Deu 12:22 "Only, as the gazelle and the deer are eaten, so you are to eat of it. The unclean and the clean alike eat of it." The context of this deals with festivals, and the uncleanness or cleanness of the PEOPLE. It is not saying to eat "the unclean and the clean alike". Another commonly misunderstood Text is Romans 14:1-23. Paul is discussing fasting, not the Shabbath day. One eats, and another fasts, but both are doing so in thanksgiving. Some new believers eat only vegetables, as they are unsure until they grow more mature in the faith. Being new, they are "weak in the faith", because they have more to learn.

GUIDING PRINCIPLE: ACCEPTABLE BEHAVIOR VS. REBELLION



NOAK KNEW

CLEAN AND UNCLEAN BEFORE THE FLOOD

The animals were identified as clean and unclean in the directions given to Noak (Gen. 7). He was to take 7 times as many clean animals as he take unclean ones. He built an altar and offered a clean animal to Yahuah.

The complete explanation of what is clean and what is unclean is provided at Lev. / Uyiqra 11. Most clean animals are herbivores. All unclean animals devour toxic materials and concentrations of these toxins **increase** as they move up their food-chain. Viruses and parasitic organisms invade the unclean animals such as the pig, a perfect breeding ground. Snails, sharks, rays, octopi, and others accumulate toxins on a regular basis. Eagles, vultures, owls, hawks, and many other fowls are toxin-accumulators, being scavengers that will eat decay ing material, or living animals who are themselves loaded with toxins. If we remain rebellious, we can become so repulsive to Yahuah He can allow our vessel to be inhabited by demonic entities.



UNCLEAR SPIRITS TOO . . .

Yahusha describes **unclear spirits** and how they behave at Mt. 12. **Defilement** may also be a state of the **heart**. The heart of mankind is the inner **lamp**. It is referred to by Yahusha as the "strong man" at Mt. 12:29, and He explains how a person's "house" can be invaded. Our inner being is unprotected without the Mind of Yahusha indwelling us.

At Mt. 10, Yahusha gave His students power over the **unclear spirits**, and to heal all kinds of diseases.

QUARANTINE THE UNCLEAR

Disease can spread quickly in a population unless there is a way to avoid contact with the contagion. The Luite priesthood could identify the symptoms of an unclean person, and knew what to do (see Lev. 14). Leprosy could be identified in a person, or even in a building. When a person was leprosy, they had to live outside the community and call out, "unclear, unclean!!" if others came near to them.

The regulations of uncleanliness extend to how a woman needs to be aware of where she sits during her monthly period. In general, whatever unclean thing might touch something that is clean will make it unclean. If we are wearing clothing, then sitting on a towel will insulate a chair sufficiently. Yahuah wants us to be aware of disease vectors, and stay away from the bodies of dead unclean animals, and not allow people who have died to remain exposed to the living. Bury them, don't gawk at them!

Even secular food-handling guidelines direct us to never place cooked food on the same tray we took it from before it was cooked. When we grill meats, we need to always remember to place the cooked items on a clean tray, and consider the uncooked meats to contain serious bacteria. If it was correct procedure 3,000 years ago, it's still correct today.